



## Welcome to our first newsletter

With this newsletter, we would like to keep in touch with our old friends, present participants of the programs and make new friends. We find that through networking with you, we are able to spread the word about the special programs we offer as well as provide valuable testimonials of their efficacy to those who are seeking services. Let us know what information you would like to see in the future newsletters.



## Shining Mountain Center for Peaceful Childhood Inc.

was incorporated into a not-for-profit organization in January, 2007 in order to expand our services to those that due to their socioeconomic status would not be able to benefit from our programs. Our goal is to reach as many individual families as possible, as well as to offer our Five Star Program© to children in public and private schools, summer schools and camps, and after school programs to foster peaceful coexistence at home and in the classroom setting (more about the program in the next newsletter).

Our focus is on providing solutions for learning, behavioral, emotional and health issues of today's children and on accomplishing realistic short and long-term goals. By providing simple, useful tools, we assist children and their families achieve their maximum wellness so they can thrive and connect

with one another easily and joyfully. We have seen children and parents go from frustration to an openness and willingness to see their situations freshly and with enthusiasm.

We look forward to offering support to the Shining Mountain's past participants so the tools they have learned remain vital and easily accessible to them on a daily basis. We offer retreats for parents to renew, refresh and recharge as well as evening refresher courses. We are open to exploring possible topics of interest and would welcome your suggestions. **Our deepest desire always was, is and will be to enhance the well-being of children and their families.** We value team work, education, communication, respect, and innovation. Together we can make a difference. Let us hear from you soon.

### Our Board:

Mary Lee Batesko, PhD  
Debra Ingrando-DeEntremont  
Liba Engel, PhD  
George Lemery - Vice President  
Joyce Reilly  
Russ Rudish – President  
Paul Speziale., Esq. – Secretary  
Mariola Strahlberg – Ex. Director  
Nick VanSant

Newsletter editors: Elissa Menasse  
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### Events at the Shining Mountain:

#### LECTURES

Importance of Play & Movement  
for the Developing Child - TBA

with Mariola Strahlberg, LAc.  
Spring Cleanse – is that practice  
for you?  
April 6<sup>th</sup>, 2011 at 8 pm

with Nick Riccio, NC  
Nutritional Microscopy  
May 16<sup>th</sup>, 2011 at 11 am

#### NEW MOON CELEBRATIONS

May 3<sup>rd</sup>, 2011 at 7:30pm  
June 1<sup>st</sup>, 2011 at 7:30pm